

## WHAT IS CHRONIC FATIGUE



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### **Chronic Fatigue Syndrome Causes Symptoms and Treatment**

Chronic fatigue syndrome (CFS) is a debilitating disorder characterized by extreme fatigue or tiredness that doesn't go away with rest and can't be explained by an underlying medical condition. CFS can also be referred to as myalgic encephalomyelitis (ME) or systemic exertion intolerance disease (SEID). The causes of CFS aren't well understood.

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### **Chronic Fatigue Syndrome Symptoms Causes Diagnosis and**

Chronic fatigue syndrome is a condition involving deep fatigue, unrefreshing sleep, and a worsening of symptoms after exertion. Its exact cause is unknown, but it is believed that a combination of genetic predisposition and environmental factors bring it about.

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### **Chronic fatigue syndrome Symptoms and causes Mayo Clinic**

The cause of chronic fatigue syndrome is unknown, although there are many theories ranging from viral infections to psychological stress. Some experts believe chronic fatigue syndrome might be triggered by a combination of factors. There's no single test to confirm a diagnosis of chronic fatigue syndrome.

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### **Chronic fatigue syndrome Wikipedia**

Chronic fatigue syndrome (CFS), also referred to as myalgic encephalomyelitis (ME), is a medical condition characterized by long-term fatigue and other long-term symptoms that limit a person's ability to carry out ordinary daily activities.

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### **Chronic Fatigue Syndrome CFS Center Symptoms Causes**

Chronic Fatigue Syndrome. Chronic fatigue syndrome, or CFS, causes you to feel so tired that you can't complete normal, daily activities. While chronic fatigue syndrome has no known cause and is difficult to diagnose, its major symptoms can be treated.

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### **Chronic Fatigue Syndrome Symptoms Treatment Tests**

People with chronic fatigue syndrome related to *C. pneumoniae* are most likely to respond to antibiotics that kill *C. pneumoniae*, and their CFS symptoms may improve with antibiotic medications such as doxycycline.

However, this association is still being debated. Various unrelated infections appear to lead to long-term fatigue in some people.

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### **Chronic Fatigue Versus Chronic Fatigue Syndrome**

Chronic fatigue syndrome is a condition of extreme and persistent fatigue. Learn the difference between the syndrome and the symptom.

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